



CSS

Children's
Support
Service

CSS MENU OF BEHAVIOUR MANAGEMENT TRAINING

2020-2021

Every child is given the opportunity to maximise their potential, enabling a lasting, positive difference to their life

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Positive Behaviour Management

Email:

Steve.Phillips@css-essex.co.uk
Janice.Edwards@css-essex.co.uk

Length of Session:

3 x 2-hour sessions

Location:

School

Cost:

£400

Suitable for:

Teachers and
Support Staff

All Key Stages

Note:

These sessions can
be tailored to meet
school need.

Course Overview

The Children's Support Service (CSS) Early Intervention Service is pleased to offer Positive Behaviour Management Training for new staff. The training is open to all but may be of particular interest to NQTs and teachers new to the profession as well as support staff who work directly with pupils.

We would also welcome members of the SLT who would like to see first-hand the Behaviour Management training we deliver and we would also be happy to deliver this course to staff attending a group of schools within a MAT.

The course's format is 3 x 2-hour sessions (this can be flexible and spread over the year):

Session One:

Welcome, Attachment, Positive Communication and Scripts,

Session Two:

Behaviour Management Strategies and De-escalation,

Session Three:

Misdirected Goals of Behaviour, Evaluation.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

Attachment Awareness – Practical Strategies for school staff

Course Overview

Email:

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Janice.Edwards@css-essex.co.uk

Length of Session:

Minimum of one and a half hours.

Maximum of three hours.

Location:

School

Cost:

£250

Suitable for:

Teachers and Support Staff
SENCo's
SLT

Both Primary and Secondary

Dates and times:

To be arranged with commissioning school.

Did you know that recent research suggests that as many as one in three young people in Essex has an insecure attachment with one or more of their primary care-givers? (Bergin and Bergin et al).

The "Attachment Awareness – Practical Strategies for School Staff" workshop has been delivered across Essex in schools and at conferences and complements the Virtual School's "Attachment Aware Schools" initiative.

The session aims to build understanding and empathy in school staff for students who may have challenging attachment histories.

The training has had excellent evaluations and contains practical classroom and whole school strategies.

The session can be delivered during INSET days, CPD sessions or twilights.

CSS will provide evaluations for the training, allowing schools to identify impact, actions and evidence good practice.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart



Effective Communication

Course Overview

What do outstanding educators say and do?

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Janice.Edwards@css-essex.co.uk

This session contains scripts and strategies that improve pupil classroom behaviour, enhance pupil self-esteem, sense of belonging and contribute to a positive learning environment.

The session also discusses positive body language, what phrases to avoid and how to evaluate how successful your communication actually is.

Length of Session:
2 hours

The last part of the session gets delegates onto their feet, practicing de-escalation techniques and using a de-escalation script.

Location:
School

CSS will provide evaluations for the training, allowing schools to identify impact, actions and evidence good practice.

Cost:
£250

The session can be tailored to meet individual school needs.

Suitable for:
Teachers and
Support Staff

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Both Primary and
Secondary

Flipchart

Enough space for staff to move around in for de-escalation exercise.

Dates and times:

To be arranged with
commissioning
school

Misdirected Goals of Behaviour

Course Overview

Why do young people behave the way they do?

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Length of Session:
Length of Session:
2 hours

2 hours to a maximum
of 3 hours
Location:
School

Location:

School
Cost:
£200

Cost:
Suitable for:

£200
Teachers and
Support Staff

Teachers and Support
Both Primary and
Staff
Secondary
SLT

Dates and times:

Both Primary and
Secondary
To be arranged with
commissioning
Dates and times:
school.

To be arranged with
commissioning school

Behaviour can be a way of communicating an unmet need. By identifying this need, we can differentiate our responses and more effectively change a pattern of poor behaviour.

This session is based upon the Rudolf Druikers theory of "The Misdirected Goals of Behaviour" and discusses how to identify Attention-Seeking, Power-Seeking, Revenge-Seeking and Displayed Inadequacy patterns of behaviour and how to most effectively respond to them.

This session also includes a Behaviour Assessment (including resulting strategies) that delegates can use in their schools to not only identify goals of behaviour of individual pupils but also track and evidence behavioural progress in those areas.

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school needs.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

Priming for Good Behaviour

Course Overview

Can we improve pupil (and adult) behaviour without them realising it?

Yes we can.

The session discusses what Priming is, how it works and describes how we can change our school environment to improve pupil behaviour.

The last part of the session goes on to discuss how having high expectations primes pupils for academic success, goes through five key concepts of having high expectations and provides a simple audit for staff to evaluate how high their expectations of pupils are.

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

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Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

Length of Session:

Between 1 and 2
hours

Location:

School

Cost:

£200

Suitable for:

MDAs

Both Primary and
Secondary

Dates and times:

To be arranged with
commissioning
school

MDA Positive Behaviour Management Training

Course Overview

This session is strategy-rich and focuses on how to effectively challenge poor pupil behaviour and how to de-escalate situations.

It focuses on the important work MDA's do and is designed to build confidence and make working with challenging behaviour less stressful through using scripts and positive behaviour management strategies.

It covers:

- How to identify goals of pupil behaviour

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- How best to respond
- Positive Behaviour Management Strategies
- How to communicate effectively
- What to do if responses are ineffective
- How to remain calm

Length of Session:

2 hours

This session can be tailored to meet an individual school's staffing needs and can be run during the day to fit in with staff working hours.

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

Location:

School

Requirements:

Cost:

£250

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Suitable for:

Flipchart

Teachers

Both Primary and
Secondary

The Stepped Approach

Dates and times:

To be arranged with
commissioning
school

Course Overview

This session covers a range of Positive Behaviour Management Strategies for teachers from Tactical Ignoring to the Language of Choice and puts them all into a planned approach which seeks to answer the following questions:

- What will I do when ...?
- How best can I deal with x behaviours?
- When is the best time to intervene in a disruption?
- What will I do if my first approach is ineffective?

The second half of the session involves analysing lesson observation video footage to suggest what staff could do differently to improve both individual and group pupil behaviour.

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CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school need.

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Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

Length of Session:

2 hours to a maximum of 3 hours

Location:

School

Cost:

£250

Suitable for:

Teachers and Support Staff
SLT

Both Primary and Secondary

Dates and times:

To be arranged with commissioning school

Course Overview

Many schools are turning to restorative approaches also known as restorative practice to create a harmonious learning environment where pupils are able to self-regulate their own behaviour and learning. Restorative approaches have been found to be very effective in improving behaviour and learning in both a primary and secondary setting when implemented as a whole-school approach.

Restorative Approaches are based on four key features:

- **RESPECT:** for everyone by listening to other opinions and learning to value them
- **RESPONSIBILITY:** taking responsibility for your own actions
- **REPAIR:** developing the skills within our school community so that its individual members have the necessary skills to identify solutions that repair harm and ensure behaviours are not repeated
- **RE-INTEGRATION:** working through a structured, supportive process that aims to solve the problem and allows young people to remain in mainstream

Restorative Approaches



education.

This session answers the following questions:

- What are Restorative Approaches?
- What is involved in a restorative response to harm or conflict?
- What is being 'restored'?
- What are the key elements of Restorative Approaches?
- Why are Restorative Approaches helpful?
 - How can we use Restorative Approaches in our school?

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CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

Length of Session:

Between 1 and 2
hours

Location:

School

Cost:

£250

Cover Supervisor Positive Behaviour Management Training

Suitable for:

Cover Supervisors

Secondary

Course Overview

This session is strategy-rich and focuses on how to effectively challenge poor pupil behaviour, promote positive behaviour and how to de-escalate situations while covering lessons for absent colleagues.

It is designed to give cover supervisors confidence and covers:

- How to identify goals of pupil behaviour
 - How best to respond
 - Positive Behaviour Management Strategies
 - How to communicate effectively
 - What to do if responses are ineffective
- How to remain calm



CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school needs.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Email: Flipchart

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Janice.Edwards@css-essex.co.uk

Length of Session:

Between 1 and 2 hours

Location:

School

Cost:

£250

Teaching Assistant Positive Behaviour Management Training

Suitable for:

Teaching / Learning Assistants / Engagement Mentors
Secondary or Primary

Course Overview

This session is strategy rich and focuses on how to effectively challenge poor pupil behaviour, promote positive behaviour and how to de-escalate situations.

Dates and times:

To be arranged with commissioning school.

It is designed to give teaching assistants confidence to work with challenging behaviour in and out of the classroom.

It covers:

- How to identify goals of pupil behaviour
- How best to respond
- Positive Behaviour Management Strategies and behavioural management theory
- How to communicate effectively

- What to do if responses are ineffective
- How to remain calm

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school needs.

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Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

Length of Session:

One 3-hour session with the option to complete shorter workshops on related strategies and conditions

ASC - SPELL Approach to Autistic Spectrum Conditions

Location:

School

Cost:

£150

Suitable for:

Teachers and Support Staff

Both Primary and Secondary

Dates and times:

To be arranged with commissioning school.

Course Overview

The training focuses on ASC and the impact that this condition has on the ability to manage in a Neurotypical society. The Workshop highlights the challenges that pupils with such a condition may face and participants are encouraged to empathise by taking a walk in these young people's shoes, experiencing communication difficulties, social difficulties and environmental sensitivity. The course will identify generic difficulties pupils may face in the school environment and offers strategies to help manage these, both for pupils who have an EHCP and also those who are yet undiagnosed.

It covers:

- An Overview of ASC and a comparison of Autism and Asperger's.
- Understanding and Empathy with the needs of a pupil with ASC.
- Strategies to help manage learning in the classroom.
- Strategies to avoid challenging behaviour associated with condition.
- The use of Social Stories.



- The workshop touches on our behaviour as professionals and how this can impact on the behaviour of pupils with ASC.

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

Email: The session can be tailored to meet individual school needs.

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Requirements:
 Screen or projector for a laptop to be plugged into
 Speakers (these can be provided)
 Flipchart

Length of Session:

Stress Analysis

 2 hours

Location:

School

Course Overview

Stress Analysis is a practical way of producing detailed behaviour response plans and interventions by tracking the level of stress of identified pupils.

Cost:

£150

It covers:

Suitable for:

SLT, SENCo,
Teachers, Support
Staff

Primary

- What stress is and how it often presents as challenging behaviour?
- How stress analysis works.
- How to produce stress analysis maps for identified pupils.
- How to use stress analysis to produce detailed behaviour response plans and focused interventions.

Dates and times:

To be arranged with
commissioning
school.

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school needs.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

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Self-regulation and Co-regulation

Length of Session:

2 hours

Location:

School

Cost:

£250

Suitable for:SLT, SENCo,
Teachers, Support
Staff

Primary & Secondary

Dates and times:To be arranged with
commissioning
school.**Course Overview**

The training looks at recent neurological research and how we can use it to support pupils to regulate their emotions. It covers brain development, the stress response system and how we can provide an environment that promotes co-regulation to support pupil engagement. It is strategy-rich and includes a co-regulation plan and effective responses to pupils in distress.

It covers:

- The Upstairs & Downstairs model of the brain
- What are Self-regulation and Co- regulation
- De-escalation strategies
- How to provide an environment that promotes co-regulation to support pupil engagement

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school needs.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart

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Mental Health Workshop

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Course Overview

This training focuses on demystifying what Mental Health actually is, and supporting schools to provide an environment which promotes good Mental Health for pupils and can involve working with the school to produce a Wellbeing and Mental Health Policy.

It follows the three "I's" framework: **Intent** (defining Mental Health with the school) **Implementation** (how the school will provide an environment supporting good mental health) and **Impact** (how the school can evidence success).

CSS will provide evaluations for the training allowing schools to identify impact, actions and evidence good practice.

The session can be tailored to meet individual school needs.

Length of Session:

2 hours

Location:

School

Cost:

£250

Suitable for:

SLT, SENCo,
Teachers, Support
Staff

Primary & Secondary

Dates and times:

To be arranged with
commissioning
school.

Requirements:

Screen or projector for a laptop to be plugged into

Speakers (these can be provided)

Flipchart