

CURRICULUM OFFER

Subject	PSHCE (Personal, Social, Health and Citizenship Education) and Careers
Intent	<p>The aim is to equip students with the skills, knowledge and understanding to prepare them for real life situations concerning their personal / social lives and health. The emphasis is on learning how to make safe choices for themselves and others. The curriculum is based around the three Core Themes that are outlined in the PSHE Association Programme of Study:</p> <p>• Health and Wellbeing • Relationships • Living in the Wider World</p> <p>All statutory components are included in our Curriculum Overview, as well as most of the additional elements recommended by the PSHE Association.</p> <p>In Key Stage 3 topics include:</p> <ul style="list-style-type: none"> • Diet, exercise and healthy lifestyles (including puberty and FGM) • Mental health and emotional wellbeing • The risks of alcohol, tobacco and other substances • Diversity and discrimination (including radicalisation and extremism) • Relationships and Sex education (including online relationships) • Careers education – developing skills and aspirations, setting goals • Financial education – managing your money • Digital literacy • Employability skills • First Aid • Personal safety – weapons awareness, road safety, gangs, crime, online safety • Law, rights and responsibilities – being a good citizen (including British Values) <p>In Key Stage 4 we build on the learning in Key Stage 3 as follows:</p> <ul style="list-style-type: none"> • Mental Health and Emotional Wellbeing • Communication in Relationships (including contraception and sexual health) • Exploring Influence (drugs, gangs, role models and the media) • Addressing extremism and radicalisation • Family Life • Preparing for the World of Work • Next Steps – applying for jobs and courses • Building for the Future – self-efficacy, stress management • Financial Decision Making • Healthy Relationships • Independence – responsible health choices including First Aid

	<p>Key Stage 4 students also have input from the following other agencies and sources to support the Careers Education, Information, Advice and Guidance (CEIAG) programme:</p> <ul style="list-style-type: none"> • Careers Mentoring from the DWP • Apprenticeship support from AIM Apprenticeships • Connexions Careers Interviews / IAG support from Essex County Council • Barclays Life Skills • Morrisby / Start Profile • CSS Careers Fair
<p>Implementation</p>	<p>The curriculum is organised in a “spiral” structure so that students’ prior knowledge is built upon in an age-appropriate way as they return to topics every year and extend their knowledge and understanding. We use information from the “SHEU” (Schools Health Education Unit) survey to inform the areas of priority for our students, as well as local health data.</p> <p>Key Stage 3: Individual topics are taught and assessed by PSHCE subject teachers. There is a Curriculum Overview which allocates certain topics per half term, but subject teachers may choose to deviate from this if they feel a student is in urgent need of specific curriculum content e.g., RSE, Drugs Education, CSE education. Students complete a “confidence checker” at the beginning of each topic, which they revisit as they learn. This progress is recorded against the PSHE Association Programme of Study statements for Key Stage 3.</p> <p>Key Stage 4: In Year 10 and 11 we aim for students to achieve a Prince’s Trust Award (2 units at Entry Level 3, Level 1, or Level 2). If students are completing separate units in Prince’s Trust lessons, then we aim to combine these for students to achieve the Certificate (6 units). Students complete a “confidence checker” at the beginning of each topic, which they revisit as they learn. This progress is recorded against the PSHE Association Programme of Study statements for Key Stage 4. Other topics are assessed informally but do not result in a qualification.</p> <p>SEND: PSHCE teachers are aware of students’ needs, including SEND and EHCPs, and adapt their planning, teaching and resources accordingly. Access Arrangements are adhered to when completing coursework in KS4.</p> <p>Remote offer: In the case of a need for a “remote offer”, lessons will be conducted via Microsoft Teams and materials emailed to students.</p>
<p>Impact</p>	<p>In Key Stage 3, the emphasis is on equipping students with the knowledge, skills and understanding to make safe choices in order to “live life well”.</p> <p>In Key Stage 4, the aim is to ascertain and build on their prior knowledge from Key Stage 3, develop and extend it. There is a strong focus on preparing students for their next steps (post-16), and on developing employability skills, but students also have plenty of Health and Wellbeing input, as well as age-appropriate Relationships and Sex Education.</p>

	<p>Student Voice is obtained via yearly surveys conducted by PSHCE teachers. The results are discussed and analysed in department meetings.</p> <p>Intended Destinations are recorded on SIMS, and followed up by CSS staff until Christmas of the year that Year 11 students have left CSS. NEET figures are recorded and then discussed at department meetings.</p>
Accreditations	<p>KS4: Prince's Trust Award (Entry Level 3 / Level 1 / Level 2) or Certificate (Entry Level 3 / Level 1 / Level 2) if combining units from Prince's Trust lessons.</p> <ul style="list-style-type: none"> • Wellbeing • Preparing for the World of Work • Career Planning • Managing Money
Enrichment opportunities (including SMSC)	<p>We try to involve as many outside agencies as is relevant and appropriate, including:</p> <ul style="list-style-type: none"> • School Nurse – general healthy lifestyles advice • Children's Society (EYPDAS) – drugs awareness and support, risky behaviours • Essex Police (Weapons Awareness) • YOT (Youth Offending Team) • Essex County Council Road Safety Roadshow • Employer presentations e.g. Fire Service, Army, local employers • College Taster Days and visits to and from the colleges • Connexions • DWP Careers Mentoring • Workplace visits • Apprenticeship support • Show Racism the Red Card <p>All aspects of SMSC run throughout PSHCE & Careers education.</p>
Safeguarding	<p>Safeguarding runs through every aspect of PSHCE education. Subject staff are aware that the nature of our curriculum content can be conducive to students making disclosures or sharing concerns, and so are always conscious of this, as well as ensuring that we bear in mind that some topics can be sensitive to certain students.</p> <p>We are constantly aiming to equip students with the knowledge and skills that will enable them to handle situations they may encounter in real life where they could be faced with unsafe choices, such as in the areas of online safety, radicalisation and extremism, sexual harm, consent, CSE and in peer-on-peer relationships.</p> <p>We ensure that as part of learning in PSHCE, students are aware of sources of support that they can access if they feel that they or others are at risk or in danger.</p>
Reading/Literacy	<p>We encourage reading as a regular feature of PSHCE lessons in both Key Stage 3 and 4. This may involve students reading a passage or article aloud or taking turns to read aloud with other members of the class, and / or the members of staff in the lesson. Staff may read aloud to model tone and pace to students. At times we use reading comprehension tasks which students either respond to verbally or in writing. Key words are displayed in classrooms to aid memory and spelling.</p>
Digital Literacy (including e-safety)	<p>Digital Literacy is covered in all years in our Curriculum Overview.</p> <p>Safer Internet Day is covered in February every year.</p> <p>Laptops and iPads are used in all year groups, particularly in KS4 for coursework.</p>
Number and Numeracy	<p>Number and numeracy are referred to where it occurs as part of a topic, e.g. units of alcohol, units on managing money, tax and National Insurance, %s and other relevant statistics.</p>

**Careers and
Employment links**

The "Careers" strand of the PSHCE programme is built around the Gatsby Benchmarks. Careers-related content is delivered to all year groups, with a particular focus on Year 11 as we prepare them for their next steps. There is a comprehensive Careers programme including links to further education, higher education and employment.